



KA229 SCHOOL EXCHANGE PARTNERSHIP
COOPERATION AND INNOVATION AND THE EXCHANGE OF GOOD PRACTICES
“SLOWING DOWN - A New Face of European Education”

Agrupamento de Escolas Emídio Navarro

Avenida Rainha Dona Leonor

Almada, PORTUGAL

14th to 21st September 2019

Version	Date	Description
#1	06-06-2019	1 st version of the Agenda to the Portuguese meeting
#2	14-06-2019	2nd version
#3	08-07-2019	3rd version
#4	29-07-2019	4th version
#5	31-07-2019	5th version
#6	05-09-2019	6th version
#7	09-09-2019	7th version

SATURDAY, 14th September 2019

Accommodation:

Teachers: Hotel Mercure Almada

Students: Host Families

- Arrivals of the Erasmus+ Pedagogical work-groups from the participating countries Poland, Italy, Greece and Latvia at Lisbon Airport, Portugal.
- Portuguese teachers, students and parents welcome and transfer all the invited fellow-workers from Lisbon Airport to the taken up residence by their own means of transport
- Guest students stay with their new friends in Almada and Azeitão, and enjoy dinner at home
- Guest teachers check in at Hotel Mercure Almada
- Leaders' meeting at the hotel



SUNDAY, 15th September 2019

Accommodation:

Teachers: Hotel Mercure Almada

Students: Host Families

- 08:15** Teachers and students meet at Escola Secundária Emídio Navarro
- 09:00** Visit to Castelo de São Jorge
- 09:30** Visit to Sé de Lisboa (Lisbon Cathedral)
- 11:00** Visit Down Town of Lisbon (Baixa Pombalina)
- 13:00** Picnic
- 14:30** Visit Torre de Belém + Mosteiro dos Jerónimos
- 17:00** Visit MAAT museum + Electricity museum
- 19:00** Return to Almada and Azeitão
- 20:00** Dinner: Students, at home
- 20:00** Dinner: Teachers, at a restaurant in Almada

MONDAY, 16th September 2019

Accommodation:

Teachers and Students: Casa do Gaiato hostel

- 09:00** Students and Teachers moves to Arrábida Mountain
- 10:00** Arrival at accommodation in Arrábida Mountain / Settlement (Casa do Gaiato hostel)
- 10:00** Logistic and rules to the Camp Side: Meals, tasks, logistics, blog, and other aspects.
- 10:30** Break to eat
- 11:00** Visit to the Beach to collect shells
- 12:30** Lunch – Responsibility of the Portuguese team (students and teachers)
- 14:30** Visit to the Cave
- 16:00** Traditional games
- 18:30** Dinner – Responsibility of the Polish team (students and teachers)



TUESDAY, 17th September 2019

Accommodation:

Teachers and Students: Casa do Gaiato hostel

09:30 Art Lesson workshop

09:30 Handmade soap workshop

09:30 Pin workshop

(All the students will be divided in 3 groups, all of them will do all activities, but each group at a time)

(a break to eat is included)

12:30 Lunch – Responsibility of the Turkish team (students and teachers)

14:00 Visit the Navy Museum

16:00 Relaxing at the beach - Positive examples of spending time together (maximum 20 minutes per team)

19:00 Biology/Geography lesson - Local fauna and flora

19:30 Climbing the mountain - This activity will be coordinated by the local Scouts

21:00 Dinner – Responsibility of the Italian team (students and teachers)

WEDNESDAY, 18th September 2019

Accommodation:

Teachers and Students: Casa do Gaiato hostel

09:00 Water activities (a break to eat is included)

12:30 Lunch – Responsibility of the Latvian team (students and teachers)

14:00 Outdoor Skills Workshop: Relaxing “Slow down” exercises at the beach

16:00 Exercise and Yoga on the beach

19:00 Dinner – Responsibility of the Greek team (students and teachers)

21:00 *White Sunset Party – Farewell of the Arrabida Mountain*



THURSDAY, 19th September 2019

Accommodation:

Teachers: Hotel Mercure Almada

Students: Host Families

09:30 Move to Almada (a break to eat is included)

11:00 School visit

12:30 Lunch at School

13:30 Guided visit to Almada city

14:30 Visiting the Local Municipality of Almada

16:30 Cristo-Rei visit

18:30 Dinner - *Farewell Party*

FRIDAY, 20th September 2019

Accommodation:

Teachers: Hotel Mercure Almada

Students: Host Families

09:00 Teachers and students meet at the Escola Secundária Emídio Navarro

09:30 *'Camp diary' blog* (a break to eat is included)

13:00 Lunch at School

14:00 Treasure hunting (students)

14:00 Leaders' evaluation meeting (teachers)

16:00 *Presentation of the 'Camp diary' blog (included certification ceremony)*

19:00 Dinner: Students, at home

20:00 Dinner: Teachers, at a restaurant in Almada

Saturday, 21st September 2019

Each team will go to the airport (the Portuguese team will organize it according the flights)